When was the last time you an		art museu	ım? Going through		
is a _	, bu	ıt it is	as well		
			physically and menta	ally,	
			of,		
			." This might be		
to many people		art	gallery, we		
			every single painting,		
		u go into a store to buy a			
, for example, you will not		every	single shirt. Instead, you	will	
only select the ones y	ou are most	I	If so, why are we		
			Next time you go into a gal		
why don't you go quickly,			every one of	?	
Some works will somehow					
,	_ all the others and s	pend a lot	more time you	ur	
favorite pieces.					

When was the last time you <u>visited an</u> art museum? Going through <u>a lot of artwork</u> is a <u>ton of fun</u>, but it is <u>exhausting</u> as well. <u>Half way through</u> the museum, you get exhausted <u>both</u> physically and mentally, but you <u>keep going</u> to the end <u>with a slight sense</u> of <u>obligation</u>, <u>saying</u> "I don't want to waste the <u>ticket money</u>." This might be <u>relatable</u> to many people. <u>When we are in an</u> art gallery, we <u>often assume</u> that we have to give a <u>closer look at every single painting</u>, <u>but do we really have to</u>? If you go into a <u>department store</u> to buy a <u>shirt</u>, for example, you will not <u>try on every single shirt</u>. Instead, you will only select the ones you are most <u>interested in</u>. If so, why are we <u>supposed to appreciate</u> all the paintings on the <u>wall</u>? Next time you go into a gallery, why don't you go quickly, <u>instead of stopping at every one of them?</u> Some works will somehow <u>exceptionally attract</u> you, and some others <u>won't</u>. <u>Then, you ignore</u> all the others and spend a lot more time <u>enjoying</u> your favorite pieces.

relatable	共感できる	assume	想定する
gallery	ギャラリー	department store	デパート
attract	引きつける	appreciate	鑑賞する
exceptional	例外的な	ignore	無視する

"Girl with a	" by Johannes Vermeer, a 17th-century Dutch			
painter. The light fallin	g on her face	our at	tention, and the	
		a harmony. It		
the very	, and we ne	ver looking	g at her,	
because of th	e conflicted look	face. It's		
she is happy or sa	ad, so you may		every time you	
	This little		imagination.	
Who is she? What does	s she feel	? What is sl	he looking at? If	
she is the painter, what did he				
look like this? This ma	y not only be a	a girl, but als	so a	
a relationship. Th	ne expression	face is perhaps	how	
she	Then what	is that relationship? The	ey could be a	
father and a	_, lovers, or possibly	y a more complicated an	nd	
relationship. You can _		the right answ	er and simply	
enjoy the	imagination.			

"Girl with a <u>Pearl Earring</u>" by Johannes Vermeer, a 17th-century Dutch painter. The light falling on her face <u>immediately attracts</u> our attention, and the contrast between blue and yellow provides a <u>distinct</u> harmony. It's fascinating at the very <u>first glance</u>, and <u>yet</u> we never <u>tire of</u> looking at her, <u>perhaps partly</u> because of the conflicted look <u>on her</u> face. It's <u>hard to tell if</u> she is happy or sad, so you may <u>have second thoughts</u> every time you <u>come back to her</u>. This little <u>ambiguity excites our</u> imagination. Who is she? What does she feel <u>on the inside</u>? What is she looking at? If she is <u>staring at</u> the painter, what did he <u>do to her</u> to make her look like this? This may not only be a <u>portrait of</u> a girl, but also a <u>portrait of</u> a relationship. The expression <u>on her</u> face is perhaps <u>reflecting</u> how she <u>feels about him</u>. Then what is that relationship? They could be a father and a <u>daughter</u>, lovers, or possibly a more complicated and <u>intimate</u> relationship. You can <u>forget about seeking</u> the right answer and simply enjoy the <u>freedom of</u> imagination.

harmony	調和	relationship	関係
conflicted	複雑な感情の	portrait	肖像
ambiguity	あいまいさ	reflection	反映
excite	刺激する	lover	恋人
intimate	親密な	imagination	想像力

"The Calling of Saint Matthew" by Caravaggie	o, 1600. It	_ the moment	
the Bible	calls on the Roman tax		
Matthew to follow him, and is	as a defining work of	the Baroque	
movement it's quite famous, there l			
painting. We still don't know which man in the	e picture is Saint Mattl	new.	
have been discussing this question	, but the	y haven't	
a So we don't have to	getting the rig	ght answer. We	
can enjoy the freedom of	Besides, we don't n	eed to	
the work	You can simply	enjoy the	
of the movements and			
and dark. Also, you can imagine and	a completely diffe	rent story	
this scene, we don't	have to be	e by	
the painting just because	a masterpiece	doesn't	
, there is no	problem	·	
When engaging with art, you can	to be more	with	
your own feelings.			

"The Calling of Saint Matthew" by Caravaggio, 1600. It <u>depicts</u> the moment <u>from</u> the Bible <u>where Jesus Christs</u> calls on the Roman tax <u>collector</u> Matthew to follow him, and is <u>often cited</u> as a defining work of the Baroque movement. <u>Though</u> it's quite famous, there has been an <u>unsolved</u> mystery in this painting. We still don't know which man in the picture is Saint Matthew. <u>Scholars</u> have been discussing this question <u>for ages</u>, but they haven't <u>reached</u> a <u>consensus</u>. So we don't have to <u>stick to</u> getting the right answer. We can enjoy the freedom of <u>various interpretations</u>. Besides, we don't need to <u>appreciate</u> the work <u>in a religious context</u>. You can simply enjoy the <u>dynamic depiction</u> of the movements and the <u>bold</u> contrast between light and dark. Also, you can imagine and <u>construct</u> a completely different story <u>behind</u> this scene. <u>Furthermore</u>, we don't <u>necessarily</u> have to be <u>moved</u> by the painting just because <u>it is considered</u> a masterpiece. <u>If it doesn't pull on your heartstrings</u>, there is no problem <u>with it at all</u>. When engaging with art, you can <u>allow yourself</u> to be more <u>honest</u> with your own feelings.

depict	描く	contrast	対照
tax collector	税金徴収人	masterpiece	傑作
consensus	合意	heartstrings	心の琴線
interpretation	解釈	engaging	魅力的な
dynamic	動的な	honest	正直な

"The Night Watch" b	The Night Watch" by Rembrandt, the most famous work of his				
Many of us have probably			, but many of us 1		
at this painting. As soon as we			this picture, we tend to		
	_ and think, "Oh, I	have	" Ge	enerally speaking,	
careful observation is	s quite difficult. Wh	nen we	an object as s	something we have	
already known, we _		give it a close	er look anymore. F	or example, when we	
see somebody very _	to us, ou	r brain	the	person, and we usually	
do not look	_ into him or her. C	lassification i	s a natural function	n of our brain to reduce	
the	If we	everythin	g in our sight, we v	will soon be	
However	r, we may overlook	у	et important chang	ges such as an	
	_ hairstyle, a		t	the previous day, or	
signs of healt	th. Go back	_ to the piece	by Rembrandt. It	is known by the	
"The Night Watch,"	rea	ally a night sc	ene? If you take th	e time to	
, you will know the	hat no one in the pi	cture has a	The left h	and of the	
		<del></del>		of the painting is	
	with time. Some	eone	"The Night W	Vatch," and	
<u> </u>					

"The Night Watch" by Rembrandt, <u>perhaps</u> the most famous work of his <u>long career</u>. Many of us have probably <u>seen this before</u>, but many of us <u>might have not</u> looked <u>attentively</u> at this painting. As soon as we <u>recognize</u> this picture, we tend to just give it a <u>quick glance</u> and think, "Oh, I have <u>seen it before</u>." Generally speaking, careful observation is quite difficult. When we <u>classify</u> an object as something we have already known, we <u>tend not to</u> give it a closer look anymore. For example, when we see somebody very <u>familiar</u> to us, our brain <u>soon</u> <u>identifies</u> the person, and we usually do not look <u>further</u> into him or her. Classification is a natural function of our brain to reduce the <u>cognitive load</u>. If we <u>gaze at everything in our sight</u>, we will soon be <u>mentally depleted</u>. However, we may overlook <u>subtle</u> yet important changes such as an <u>alteration in her</u> hairstyle, a <u>shift in her mood from</u> the previous day, or signs of <u>poor</u> health. Go back <u>again</u> to the piece by Rembrandt. It is known by the <u>title</u> "The Night Watch," <u>but is it really a night scene?</u> If you take the time to <u>observe it</u>, you will know that no one in the picture has a <u>torch</u>. The left hand of the <u>man in the middle</u> is <u>casting a vivid</u> shadow. In fact, the dark <u>tone</u> of the painting is <u>due to discoloration</u> with time. Someone <u>called it</u> "The Night Watch," and <u>it prevailed</u>.

attentively	注意深く	subtle	微妙な
recognize	認識する	alteration	変更
classify	分類する	discoloration	変色
cognitive	認知の	prevail	普及する
depleted	枯渇した	vivid	鮮明な

"The Starry Night	t" by Vincent van Go	gh,	a	t The Museum o	of
Art or	MoMA in New York	c City. Painted in J	une 1889,	the vi	ew
the east-fac	cing window	room	. It is widely re	egarded as his	
masterpiece, and	considered to be one	of the most	paintings in	1	What
makes it so	? There is an	study	Michiga	n State Universi	ity that
has	on the potential of th	e arts. The researc	h team shows	that the most	
scier	ntists, including	Prize winner	rs, were 2.8 tin	nes more likely	
to have	an artistic hobby. Th	nere must be some	t	etween intellec	tual
a	and artistic	What is	to scientis	sts and artists is	their
abou	t the		_ to describe th	neir view of the	world in
their language. W	e see the reality not _	· · · · · · · · · · · · · · · · · · ·	So	ome human	and
Scientists	use mathematical lan	iguages to explain	the world,	artists exp	oress
their	with colors and sha	npes. Vincent Van	Gogh was	one of the	m.
	he finished this	s work, Van Gogh		sister that he	e
·	the night sky. He wa	anted to communic	cate how the li	ght and wind lo	oked to
"The	Starry Night" is	a	of his wo	rld view; a chal	lenge to
the worl	d in a that no	body ever could.			

"The Starry Night" by Vincent van Gogh, permanently exhibited at The Museum of Modern Art or MoMA in New York City. Painted in June 1889, it depicts the view from the east-facing window of his hospital room. It is widely regarded as his masterpiece, and considered to be one of the most iconic paintings in Western art. What makes it so captivating? There is an intriguing study from Michigan State University that has shed light on the potential of the arts. The research team shows that the most accomplished scientists, including Nobel Prize winners, were 2.8 times more likely than average to have an artistic hobby. There must be some correlation between intellectual achievements and artistic excellence. What is common to scientists and artists is their curiosity about the cosmos and their perseverance to describe their view of the world in their language. We see the reality not directly but through some human filters and biases. Scientists use mathematical languages to explain the world, while artists express their perception with colors and shapes. Vincent Van Gogh was among one of them. Shortly before he finished this work, Van Gogh wrote to his sister that he struggled with the night sky. He wanted to communicate how the light and wind looked to his eyes. "The Starry Night" is probably a statement of his world view; a challenge to describe the world in a way that nobody ever could.

captivating	魅力的な	perseverance	忍耐
intriguing	興味深い	bias	偏見
accomplished	熟練した	perception	知覚
correlation	相関関係	communicate	伝える
intellectual	知的な	statement	表明